

Above is an image of a very old object that we have in our collection. It's part of a shield and is called a 'boss'. It would have been used for protection during battle. The shield dates back to the Iron Age, specifically between 190 - 340 BC.

It is suspected that shields were occasionally thrown into nearby water during ritual tributes, as an offering to the gods. These remains were discovered in the River Trent.

Shields were often made from very thick wood, or sometimes leather with a metal boss riveted to the front. They were rectangular or oval in shape and were made from three separate pieces that slot together to make a whole.

Special shields were covered with a thin sheet of metal. The metal would have even decorated with a variety of techniques such as etching, hammering and enamel designs. These Celtic designs often included imagery from nature, such as animals and plants.

Have a go at crafting and plating your own metal shield, so you can be fully equipped when you head to battle, or have to hang on the wall as an art piece.

You will need:		
Cardboard	PVA glue	Pen
Aluminium foil	Scissors	Paper
Shoe polish	Brush	Tissue
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Funded by West Midlands Museum Development with Art Fund support.