

## Medical statement for drivers with diabetes using insulin

Licensing requirements for holding a group 2 licence (lorries and buses) and taxis require people with diabetes treated by insulin to obtain a statement from a hospital specialist and make a declaration themselves. Please obtain a statement from a specialist as below, and please sign the second declaration yourself.

You must have attended an examination by a hospital consultant specialising in the treatment of diabetes, and you must have the following statement from a consultant. The consultant may either sign below or reproduce the statement on headed paper.

Driver's name: _____ Date of birth: _____	
I am a consultant specialising in the treatment of diabetes and I have seen this person in the last year. I confirm that he/she: <ol style="list-style-type: none"><li>1. has a history of responsible diabetic control.</li><li>2. currently has a minimal risk of impairment due to hypoglycaemia.</li><li>3. has undergone treatment with insulin for at least four weeks.</li><li>4. has full awareness of, and understand the risks of, hypoglycaemia.</li><li>5. has not, during the immediately preceding year, had an episode of severe hypoglycaemia.</li><li>6. regularly monitors his or her condition and, in particular, undertakes blood glucose monitoring at least twice daily and at times relevant to driving, using a device that incorporates an electronic memory function to measure and record blood glucose levels, and undertakes to continue so to monitor.</li><li>7. will continue to have annual reviews with a hospital specialist.</li></ol>	
Signature of consultant and date:	
Name, address and authentication stamp of consultant:	

You must also sign the following declaration yourself:

Driver's name: _____ Date of birth: _____	
<ol style="list-style-type: none"><li>1. I understand the risk of hypoglycaemia and will comply with such directions regarding treatment for diabetes as may from time to time be given by the registered medical practitioner overseeing my treatment, or one of the clinical team working under the supervision of that registered medical practitioner.</li><li>2. I regularly monitor my condition and, in particular, undertake blood glucose monitoring at least twice daily and at times relevant to driving, using a device that incorporates an electronic memory function to measure and record blood glucose levels, and I undertake to continue so to monitor.</li><li>3. I will immediately report to the licensing authority in writing any significant change in my condition and will follow the advice of my registered medical practitioner, or one of the clinical team working under the supervision of that registered medical practitioner, concerning fitness to drive.</li></ol>	
Signature and date:	